MLNC

PROTECT. RESPECT. ENJOY.

Mt Lebanon Nature Conservancy

Fall, 2019

Member Newsletter



2. Jack in the Pulpit 5. Mayapple

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Become an Urban Gardener in our Woodland Gardens

Making a Lasting Difference for Generations

Here in Mt. Lebanon, we are privileged to live with 125 acres of parklands. Our trees support the health of our families and our environment. They provide habitats for wildlife. They help reduce climate change. And they remove air pollutants, reduce ozone and make the air we breathe healthier for all. Research shows that living near urban green spaces and having access to them, improves physical and mental health, decreasing high blood pressure and stress. This, in turn, contributes to the wellbeing of communities.

At MLNC, we utilize volunteers to help protect our parks by ridding them of invasives like bush honeysuckle, wild grapevines, and oriental bittersweet. We clear and mulch trails, are grateful for and oversee many helpful Scout projects like building foot-bridges and steps to ease and increase accessibility. We've provided bird blinds, planted and maintain a pollinator garden and, of course, the Conservancy plants trees to support our parks' health, diversity and growth.



Urban Gardener Program Adopt a Place in the Park

Volunteers adopt and care for areas in the parks

With training and support from MLNC, Urban Gardener can adopt and care for sites in one of our community parks. These volunteers visit their adopted sites as often as they're able throughout the year to remove invasive plants, care for trees, clear trash, and much more.

This is Paul Battisti, he and his wife recently moved from a Mt. Lebanon home, with a yard which he enjoyed maintaining, to an apartment so now he spends a few hours each month working on removing invasive vines and plants and keeping trails cleared. He works independently when his schedule allows.

Aside from our monthly work days, being an Urban Gardener allows flexibility and gives a volunteer a sense of pride and ownership over a place in the park.

MLNC will identify a park section, provide training and a calendar of suggested activities.



Contact Us to Learn More about Becoming an Urban Gardener

Email <u>Lebonature@gmail.com</u> or message us on MLNC Facebook page

UPCOMING DATES

Annual MLNC Member Mtg November 2, 2:00pm Mt Lebanon Library

Our speaker is Cynthia Morton, a botanist and independent researcher. Currently, she is working on studies of local red maples and hollies with the Pittsburgh Parks Conservancy

<u>Topic</u>: **The Importance of Tree Genetics** Free to the public Light refreshments to be served

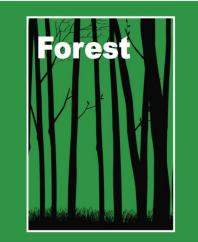
Park Work Days

Third Saturday of every month April through October 9:00am – noon

Please check our website for locations and join us!

Bird Park Trail Mulching for School in the Park Saturday, May 2th 9:00 – Noon Meet at Pavilion

MLNC







School in the Park

Annual 3rd grade spring field trip to Bird Park

May 12 - 15, 2019

Instructors Needed!

- Background in biology, environment or education helpful.
- Training and all content & materials provided.
- 4-hour time slots. Clearances required.

Email: **lebonature.sip@gmail.com** *for more information*

Park Prep for SIP – May 2

We love to get Bird Park "spiffed up" for our 3rd graders. Volunteers needed for trail mulching 9:00 – noon on May 2nd. Meet at Bird Park pavilion. Tools provided, though rakes are appreciated.

Help us make another year of SIP amazing for the kids!

Scouts Have Fun & Give Back

Girl & Boy Scout Troops in our community have meaningful experiences in our parks, learning and building towards badges, Eagle Scout status and lasting memories.

And while they are having a fun time, they are paying it back through park volunteer work days and enhancement projects. Each year we coordinate from 5 – 10 projects in our parks. Here's a few shots of this year's activities:



Girl Scout Park Day 23 scouts worked in Twin Hills park included pulling up Garlic Mustard, an invasive plant that takes over open

Troop 22 Project Putting in some hard work in Bird park but still all smiles. This Mt Lebanon troop has done a dozen project in last 7 years



Special thanks to Ron Block, MLNC Board member who plans and coordinates Scout projects



MLNC hosts Expert Hikes, like this Tree ID Hike led by Joe Stavish of TreePittsburgh. Makes our parks more enjoyable for everyone!

Watch Facebook and our website for announcement of 2020 hikes & programs

MLNC Needs You

Our work protecting and enhancing our Mt Lebanon parks, our programing such as School in the Park (a 35+ year tradition), and expert led hikes and lectures are made possible through community support.

We accomplish much of our work through volunteers and with funding derived from memberships and donations.

Please complete the enclosed Membership Form and send with your check in the envelope provided.

or Join/Donate Online at Lebonature.Org



Fall, 2019



Lebonature.Org

CONNECT WITH US

MLNC Facebook page Lebonature.org [New Improved Website Coming Soon!]